

## 9 Day Rocky Mountains Culinary Experience

9 days

Created on: 29 Mar, 2024



### Highlights

- Rocky Mountaineer rail experience from Banff to Kamloops
- Calgary Food Tour
- Heritage Park admission
- Banff Cowboy Cookout and wagon ride
- Lake Louise and Yoho National Park Tour
- Vancouver Food Tour
- Vancouver City Sightseeing Tour
- Sunset Dinner Cruise

### Inclusions

- Rocky Mountaineer Rail from Banff to Vancouver
- 8 Nights of Accommodation
- Sightseeing and attractions as listed
- Shuttle transfer from Calgary to Banff
- Breakfast and Lunch on the train

### Exclusions

- Meals not specifically mentioned as included in the itinerary
- Gratuities for Local Guides, Tour Managers, and/or Bus Drivers
- Travel Insurance and Cancellation Protection (strongly recommended, ask us for a quote!)
- Taxes as applicable
- Airfare unless specified as included within the itinerary
- Items (attractions and sightseeing & entrance fees) not listed as included in the itinerary

### Dates & Prices

ACCOMMODATION	START PLACE	END PLACE	PRICE FROM
Moderate (with Silverleaf Rail)	Vancouver	Vancouver	\$2,920 USD

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**Moderate (with Goldleaf Rail)****Vancouver****Vancouver****\$3,460 USD**

All prices are per person based on double occupancy and subject to local taxes - GST, PST or HST.

\* Pricing is subject to GST.

## Itinerary

### Day 1: Calgary

Upon arrival, make your way to the hotel with a convenient airport to city hotel shuttles available at very reasonable rates from the airport desk. Explore the energetic city streets including Stephen Avenue at your own pace. You may choose to visit the Calgary Tower (optional add-on) and enjoy the vast view including a view of the Rocky Mountains from the 360 Lookout Deck.

Overnight: Calgary

### Day 2: Walking Foodie Tour and Heritage Park

Start your day with a Food Tour as Calgary is filled with maverick chefs and food artisans keen to showcase the taste of Alberta's bountiful produce. Guests enjoy tastings at six to ten selected locations per tour while also discovering each neighbourhood's history, art and architecture. Tours are two to four hours long and group size is limited to ensure the best experience. Today, your package also includes admission to Calgary's Heritage Park, easily accessible by local commuter train, to experience authentic Western Canadian history at this interactive attraction.

Overnight: Calgary

### Day 3: Calgary to Banff Transfer and Banff Cowboy Cookout Dinner experience

Travel by mini-coach along a scenic section of Highway 1 from Calgary to Banff. Once in Banff, after a scenic river wagon ride with mountain views, you will arrive at 3 Mile Cabin to enjoy some genuine western Canadian hospitality and have tasty comfort food at an authentic cowboy BBQ. But before digging in, work up an appetite with a few western-style games, like lassoing and horse-shoes.

Overnight: Banff

### Day 4: Lake Louise and Yoho National Park Tour

Soaring mountains, stunning lakes and breathtaking waterfalls await you on a tour that explores the stunning lakes and streams of the Canadian Rocky Mountains. From the history of the Canadian railroad to Takakkaw Falls (the second-highest waterfall in Canada!), follow the trails through a park whose name means "awe" in the Cree language. Explore the evolution of the land and discover how it has shaped the appearance of the natural wonders found in these spectacular mountain settings as you visit highlights such as Lake Louise, Moraine Lake, Emerald Lake and Takakkaw Falls.

Overnight: Banff

### Day 5: Rocky Mountaineer Rail Experience from Banff to Kamloops

Travel onboard Rocky Mountaineer and watch the scenery unfold as you cross over the Continental Divide to Kamloops, located in the heart of British Columbia's interior. Upon arrival at the Kamloops Station, you will be transferred by motor coach to your overnight accommodation (assigned by Rocky Mountaineer). The pick-up time for tomorrow morning's motor coach transfer to the train station

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**1-866-814-7378**

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will be posted in the lobby of your hotel.

Overnight: Kamloops

Included Meal(s): Breakfast and Lunch

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### **Day 6: Rocky Mountaineer Rail Experience from Kamloops to Vancouver**

After an overnight stay at your Kamloops hotel, transfer by motor coach to the train station. Travel onboard Rocky Mountaineer through river canyons, the Fraser Valley and lush Pacific Coastal region. Your final destination is the scenic city of Vancouver.

Overnight: Vancouver

Included Meal(s): Breakfast and Lunch

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### **Day 7: Vancouver Food Tour**

Today, we will explore Vancouver's Number One food district. Laden with iconic restaurants, quirky pubs, and historic dining rooms, you can't experience Vancouver without eating and drinking your way through Gastown! The Gastronomic Gastown Tour combines Gastown's 100% locally-owned restaurants with the city's picturesque points and colourful history. This tour is a designated Canadian Signature Experience where you get an amazing meal, a charming local guide, and a historic city tour from one of the Forbes' Top 9 Food Tours in the World.

Overnight: Vancouver

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### **Day 8: Vancouver City Sightseeing Tour and Sunset Dinner Cruise**

Included today is a Hop-on-Hop-off Pass, which is a fun and flexible way to see the best of Vancouver! Take a bus, stop at a location, browse around for as long as you want and then hop back onto the next coming bus to move onto the next attraction! You will experience downtown Vancouver at leisure as the bus circles through a series of cultural districts, seaside points of interest, and Stanley Park. Clear top buses for stunning views, rain or shine, and full commentary in English, French, Spanish, German, Japanese, Korean and Mandarin. During your stop at Canada Place, we recommend the FlyOver Canada experience nearby. The show utilizes state-of-the-art technology to give you the feeling of flight. You will hang suspended, feet dangling, before a 20-metre spherical screen while the film takes you away on an exhilarating 8-minute journey across Canada, from east to west. Special effects, including wind, mist and scents, combine with the ride's motion to create an unforgettable experience. During the other stops, we suggest exploring Stanley Park and seeing the Lion's Gate Bridge spanning the entrance to Vancouver's port. The longest suspension bridge in the world when it was completed it offers unparalleled views of the harbour and English Bay beyond. Travel to the Capilano Suspension Bridge and walk among the towering trees of this temperate rain forest and learn the ways of the local Indigenous people. Walk across the world's longest foot suspension bridge to the other side of the river where you can climb to the tree canopy and stroll through the "Treetops Adventure" walkway high above the canyon floor and the river below. This evening, see Vancouver from the water with a sunset dinner cruise aboard one of the city's pleasure boats as they take you under the Stanley Park's Lions Gate Bridge and out to English Bay for a magnificent sunset view.

Overnight: Vancouver

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### **Day 9: Depart from Vancouver**

Overnight: